

SOUTHVIEW COUGAR CHEER CLINIC AT CENTRAL TRAIL ELEMENTARY

**Monday Sept. 11th and Wednesday Sept. 13th
3:45 to 5:15 pm in the Central Trail Gym**

Ages Kindergarten through 5th grade welcome!

CHEERS * DANCES * CHANTS * MOTIONS * JUMPS



\$40 PER PERSON - INCLUDES A T-SHIRT, CERTIFICATE AND AN OPPORTUNITY TO CHEER WITH THE COUGAR CHEERLEADERS AT THE VARSITY FOOTBALL GAME ON FRIDAY SEPTEMBER 15TH IN MEL NUSBAUM STADIUM AT SOUTHVIEW.

Complete the registration form and send it to SVHS or bring it to the clinic.

Make your check payable to SV Cougar Club.

Registration begins at 3:30 pm. Bring a drink and a snack!

For more information or to contact Coach Megan mkronovich@yahoo.com

Cougar Cheer Clinic Registration Form

Cheerleaders Name _____ Age _____ Grade _____

Address _____ Phone _____

Parent/Guardian Name _____ Cell _____

Emergency Contact Name _____ Phone # _____

Name of Doctor _____ Phone # _____

List medications or chronic medical conditions _____

Parent email _____

_____ has my permission to attend and participate in the Cougar Cheer Clinic. I thoroughly appreciate and understand the assumption of risks inherent in cheerleading participation. I acknowledge that my child is physically fit and voluntarily participating.

Parent signature _____

_____ date

PLEASE CIRCLE YOUR T-SHIRT SIZE

YOUTH SMALL

YOUTH MEDIUM

YOUTH LARGE

ADULT SMALL

ADULT MEDIUM

ADULT LARGE

ADULT XL

You will get your t-shirt at the Varsity Football Game on September 15th.



**FOOTBALL GAME FRIDAY, SEPTEMBER 15TH
REPORT TO MEL NUSBAUM STADIUM AT
SOUTHVIEW HS AT 6:30 PM**

Clinic Attendees will come in through the gate entrance. SV cheerleaders will meet you there to give you your clinic t-shirt and escort you to the field.

Only clinic participants will be admitted without charge.

SV cheerleaders will be there to help you warm up and review material learned at the clinic.

Dress appropriately, according to the weather, we'd like you to wear your clinic t-shirt, sweat pants, or similar, (no jeans, please) and athletic shoes.

Girl's hair should be up in a ponytail and no jewelry should be worn.

FYI, Southview School colors are orange, brown and white.

**You will pick up your clinic t-shirt
when you arrive at the game.**