



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2017 Fall I Youth Programs

August 28 - October 22

SYLVANIA YMCA/JCC

Gymnastics Programs

Introductory gymnastics with emphasis on large motor skill development, balance, and coordination.

Monkeys

Walkers—2 years with Parent

Wed • 11:05-11:35 am

Wed • 4:30-5:00 pm

Fri • 10:30-11:00 am

Sat • 10:30-11:00 am

Member: \$20

Youth Member: \$45

Program Participant: \$45

Teddy Bears

Ages 2-3 with Parent

Wed • 10:30-11:00 am

Wed • 5:05-5:35 pm

Fri • 11:00-11:30 am

Sat • 11:05-11:35 am

Member: \$20

Youth Member: \$45

Program Participant: \$45

Kangaroos

Ages 4-5 without Parent

Wed • 11:40-12:10 pm

Wed • 5:40-6:10 pm

Fri • 10:00-10:30 am

Sat • 11:40-12:10 pm

Member: \$20

Youth Member: \$45

Program Participant: \$45

Tigers

Ages 5-7 without Parent

Wed • 6:15-7:00 pm

Sat • 12:15-1:00 pm

Member: \$25

Youth Member: \$55

Program Participant: \$55



Toddler Programs

Arts for Tiny Tots

Art class for parent and child to explore different mediums together (and we clean up!).

Ages 1-3

Parent/Child

Sat • 12:15-12:45 pm

Member \$25

Youth Member: \$50

Program Participant: \$50



Preschool Programs

Tennis

Learn the basic skills of tennis. Please bring your own tennis racket

Ages 4-6

Mon • 5:00- 5:30 pm

Member: \$20

Youth Member: \$45

Program Participant: \$45

Pee Wee Sports Sampler

Learn a different sport each day including soccer, basketball, t-ball, floor hockey, etc.

Ages 3-5

Tue • 4:45- 5:15 pm

Member: \$20

Youth Member: \$45

Program Participant: \$45



Y-Kids Cook

Kids will learn basic cooking skills while creating delicious homemade snacks, meals and desserts. Each class participant will take home a collection of recipes at the conclusion of the program. Recipes are different each session.

Ages 3-6

Tue • 5:00-6:00 pm

Member \$35

Youth Member: \$70

Program Participant: \$70



Hip Hop I

Beginner level class. This introduction to hip hop will focus on creative play through songs and games while teaching technique, balance, stretching, jumps, expression, and creative movement. The class will learn rhythm and musicality while learning a simple routine.

Ages 3-6

Thurs • 5:30-6:00 pm

Member \$25

Youth Member: \$50

Program Participant: \$50

Ballet I

Beginner level class. In this introduction to ballet, students will learn basic terminology and technique, balance, foot and arm positions, barre work, across the floor skills, and leaps. The class will learn rhythm and musicality while memorizing a simple routine.

Ages 3-6

Thurs • 6:00-6:30 pm

Member: \$25

Youth Member: \$50

Program Participant: \$50

More exciting programs on the back...

Sylvania YMCA/JCC
6465 Sylvania Ave. Sylvania, Ohio 43560
P 419 885-4485 F 419 724-0435 ymcatoledo.org



Recycled Art

Reduce, Recycle, Reuse! Learn how to make awesome projects using materials that might otherwise just be thrown away.

Ages 3-6

Sat • 10:00-11:00 am

Member \$35

Youth Member: \$70

Program Participant: \$70

Tap I

Beginner level class. In this introduction to tap, students will learn basic terminology and technique, balance, shuffles, barre work, center floor, simple patterns, and steps. The class will learn rhythm and musicality while memorizing a simple routine.

Ages 3-6

Sat • 11-11:30 am

Member \$25

Youth Member: \$50

Program Participant: \$50

School-Age Programs

Tennis

Learn the basic skills of tennis. Please bring your own tennis racket

Ages 7-12

Mon • 5:35- 6:20 pm

Member: \$25

Youth Member: \$55

Program Participant: \$55

Tennis Beginner

Ages 13+

Mon • 6:30- 7:30 pm

Member: \$30

Youth Member: \$65

Program Participant: \$65

Art Explorers

Students will explore and create with painting, sculpture, and drawing. The students will be learning a wide variety of techniques with many different materials to improve and develop their artistic skills.

Ages 7-12

Mon • 6:30-7:30 pm

Member \$35

Youth Member: \$70

Program Participant: \$70

Pickleball Clinic

Learn the fun and exciting game of pickleball. You will learn the rules, strategy, and how to play.

Ages 6-12

Mon • 5:30- 6:00 pm

Member: \$20

Youth Member: \$45

Program Participant: \$45

Tae Kwon Do

Incorporates punching, kicking, blocking and jogging. Emphasis placed on discipline, courage, respect, moral attitude and fun.

Ages 5-10

Wed • 5:45-6:30 pm

Member: \$45

Youth Member: \$90

Program Participant: \$90

Recycled Art

Reduce, Recycle, Reuse! Learn how to make awesome projects using materials that might otherwise just be thrown away.

Ages 7-12

Sat • 11:00-12:00 pm

Member \$35

Youth Member: \$70

Program Participant: \$70



Tap III

An beginner to intermediate tap class. Students will learn basic tap moves and work on techniques, speed, and sound clarity.

Ages 7-12

Thurs • 6:30-7:00 pm

Member \$30

Youth Member: \$60

Program Participant: \$60

Y-Kids Cook

Ages 7-12

Kids will learn basic cooking skills while creating delicious homemade snacks, meals and desserts. Each class participant will take home a collection of recipes at the conclusion of the program. Recipes are different each session.

Tue • 6:00-7:00 pm

Member \$35

Youth Member: \$70

Program Participant: \$70



Y-Studio Dance

Ages 7-12

Discover your passion and potential through dance at the Y. Our dancers benefit from our high-energy atmosphere that encourages freedom of expression while building self-confidence and poise through performance and a passion for the arts. The dancers will learn different styles throughout the session including Ballet, Jazz, Tap, Hip Hop, and Lyrical.

Sat • 10:00-11:00 am

Member \$30

Youth Member: \$60

Program Participant: \$60

Youth Sports Leagues

Outdoor Soccer

Ages 5-8

Y-to-Y Football

K-1st, 2nd-3rd & 4th-6th

League Fee

Members: \$35

Youth Member: \$75

Program Participant: \$75



See league flyer for additional information.

Program Director

Candice Billau

Arts & Humanities

cbillau@ymcatoledo.org

Scott Ritchey

Youth Sports & Gymnastics

sritchey@ymcatoledo.org

Fall I Holidays

Building open for holiday hours on Monday, September 4th for Labor Day. No youth programs running. Make up classes scheduled for Monday, October 16th.

Building closing early on Wednesday, September 20th. No youth programs running. Make up classes scheduled for Wednesday, October 18th.

Building closed on Thursday, September 21st and Friday, September 22nd for Rosh Hashanah. Make up classes scheduled for Thursday, October 19th and Friday, October 20th.

Building closing early on Friday, September 29th. Youth programs running in the morning.

Building closed on Saturday, September 30th for Yom Kippur. Make up classes scheduled for Saturday, October 21st.