

6th Annual Upper Elementary and Junior High Swimming and Water Polo Clinic



“If you want to learn to swim, you need to throw yourself in the water.” - Bruce Lee

Junior High Participants: 6th, 7th, and 8th graders at Arbor Hills, McCord, Timberstone, St. Joe’s Junior Highs and Toledo Islamic Academy.

Elementary Participants: 2nd through 5th graders at Central Trail, Highland, Hillview, Maplewood, Stranahan, Sylvan, Whiteford, St. Joe’s, and Toledo Islamic Academy.

****Elementary-aged swimmers must be able to swim independently for a minimum of 5 yards in order to participate. Exceptions will be made for 1st graders who can meet this requirement. Skills will be assessed the 1st day of practice in order to determine whether or not your child is ready to participate.****

Supervising Coaches: Melissa Burke -NV Varsity Swim Coach
Kara Curran -SV Varsity Swim Coach
Pete Dankert -Sylvania Water Polo Coach

Dates: Wed, March 1st through Thurs, March 30th

Days (Times on calendar below): Swim Clinic: Mon, Tues, Wed, Thurs
Polo Clinic: Mon, Tues, Thurs

Swim Championships: Wed, March 29th (start times on calendar)

Polo Scrimmages: Thursday, March 23rd and 30th at 7:30

Cost: \$50.00 for one sport, \$80.00 for two sports

Practice Schedule for March 2017

Monday	Tuesday	Wednesday	Thursday
		1 Elem 5:30-6:30pm JH 6:30-7:30pm	2 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm
6 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm	7 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm	8 Elem 5:30-6:30pm JH 6:30-7:30pm	9 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm
13 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm	14 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm	15 Elem 5:30-6:30pm JH 6:30-7:30pm	16 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm
20 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm	21 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm	22 Elem 5:30-6:30pm JH 6:30-7:30pm	23 Elem 5:30-6:30pm JH 6:30-7:30pm <u>Polo Game @ 7:30</u>
24 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm	28 Elem 5:30-6:30pm JH 6:30-7:30pm Polo 7:30-8:45 pm	<u>29CHAMPIONSHIPS:</u> <u>Elem Meet @ 5:30</u> <u>JH Meet @7:00</u>	30 <u>Polo Game @7:30</u>

Need a Suit and Goggles?
Check out swimoutlet.com/swimsylvania

Questions? Contact Melissa Burke at meburke@sylvaniaschools.org

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2017 Registration Form:

Name:	
Grade + School:	
Parent Name(s):	
Best Contact Phone #:	
Best Contact Email:	
T-shirt Size (circle desired size):	Child L Adult S Adult M Adult L Adult XL
Circle Preferred Program:	Swimming Polo Both
Total (Appreciated on 1st Day): Checks payable to <u>Northview Swim and Dive</u> ; cash also accepted.	\$_____

**SYLVANIA SCHOOLS
Release from Liability for Natatorium Use**

If the facilities user is under age 18, "I," "me," and "my," wherever used, refer to the parent and the child.

I understand that activities involving the use of a swimming pool and related facilities involve inherent risks regardless of reasonable safety measures that may be taken by the School District. In consideration of the District's allowing me to use its natatorium and related facilities, I agree to accept responsibility for any loss or injury to me that occurs during my use of those facilities, and I release and hold harmless the Sylvania School District, its members, employees, and associated personnel from any liability for injury to my person or property caused in any manner, including the alleged negligence of the released parties, by my participation in the use of those facilities.

<p>I hereby give permission to my child, _____, to participate in activities in the Sylvania School District Natatorium and related facilities.</p> <p>Your Name (please print): _____</p> <p>Signature: _____ Date: _____</p>
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